



"If a simple change in attire can positively influence more than 30 percent or even 25 percent of a school's student population, then perhaps administrators, teachers, students, and community members find it worth the effort. Essentially, students reported positive impacts by simply changing the clothes they wore to school, and comparatively, there wasn't much of a downside." (Sanchez, J. 2012)

At the Art and Science Academy, we believe in research-supported decision making. ASA will employ a school uniform policy that is reasonable and flexible enough to allow for student individuality while maintaining the research-backed benefits of student uniforms.

Rationale: School uniforms have some distinct benefits including:

- Uniforms help foster community identity and school spirit
- Uniforms address the issue of students using clothing as a status symbol
- Uniforms foster a more business-like approach to academics.
- Uniforms allow trespassers on the school grounds to be easily identified

"After implementing school uniform policies, schools often report decreases in discipline, gang involvement and bullying; and increases in safety, ease of going to school, confidence and self-esteem." (Wharton, C. 2013)



Uniform Guidelines

Uniform Top Colors: light & navy blue, black, hunter green, bright red, dark purple, gray, brown & white.

Uniform Bottom Colors: Black, Navy Blue, & Khaki/Tan. **Solid colors only**, no patterns, graphics, appliques, or other logos other than the official school logo. All uniform items must be sized appropriately and in good condition.

	Acceptable	Not Acceptable
Shirts	<ul style="list-style-type: none">Long Sleeve or short sleeve polo shirtsLong sleeve uniform color <i>undershirt</i><i>Fridays only:</i> Official school spirit-wear	<ul style="list-style-type: none">Any logos, appliques, or graphics other than our official school logo
Sweaters/ Sweatshirts	<ul style="list-style-type: none">V-neck, crew neck, or cardiganMust have polo shirt under with collar visible	<ul style="list-style-type: none">HoodsAny logos, appliques, or graphics other than our official school logo
Pants	<ul style="list-style-type: none">Dockers-style or CargoJeggings (seams up BOTH inner and outer leg)	<ul style="list-style-type: none">Yoga pants, athletic pants, sweatpants, leggings (no seam or only one seam)Denim or black jeans
Shorts Skirts Skorts Capris	<ul style="list-style-type: none">Dockers-style or CargoSkirts must have built-in shorts or be worn with shorts/leggings in uniform colors3" above the knee or longer	<ul style="list-style-type: none">Boxer shortsBike/Lycra/Spandex shorts or leggings worn without a dress, jumper or skirt
Dresses Jumpers	<ul style="list-style-type: none">Long or short sleeved polo dressJumper on Navy, Black or Khaki/Tan worn with a polo style shirt underneathLeggings, tights or shorts in uniform colors must be worn underneath.3" above the knee or longer	<ul style="list-style-type: none">Any logos, appliques, or graphics other than our official school logo
Belts	<ul style="list-style-type: none">Solid brown or solid uniform colors	<ul style="list-style-type: none">Oversized bucklesBuckles with graphics/logos
Shoes	<ul style="list-style-type: none">Any color dress or athletic shoe or bootClosed Toe and HeelNon-slip sole preferred for safety.	<ul style="list-style-type: none">Heels over 1"WheelsSlippers, sandals, beach shoes, or clogs
Accessories	<ul style="list-style-type: none">Small stud earrings, one small bracelet, one small necklace, watchUniform color headbands, barrettes, binders, etc.	<ul style="list-style-type: none">Hoops, dangly earringsOversized flowers, bows, etc.Hats, scarves, bandanas, Sunglasses